



March



A Meal Program for Older Adults living in the RM of Macdonald

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 La Salle @ 11:45 Beef Stroganoff Seniors' Advocate @11:45	3	4 Starbuck @11:45 Chicken Pot Pie Mystery Guest @ 12:30	5 Sanford @11:45 Meatballs in Gravy	6	7
8  Time Change: Forward 1 hour	9 Brunkild@ 11:45 Ham & Scalloped Potatoes Mystery Guest @ 12:30	10	11 Starbuck @11:45 S & S Meatballs Fun with MHRD @12:30	12 Sanford @11:45 Stuffed Chicken Fun with MHRD@12:30	13 Flaky Friends	14
15	16 La Salle@ 11:45 Bangers & Mash Fun with MHRD @ 12:30	17 St Patrick's Day	18 Starbuck @11:45 Irish Stew	19 Sanford @ 11:45 Shepherd's Pie Games @12:30	20	21
22	23 La Salle @ 11:45 Chicken Dumpling Soup Games @12:30	24	25 Starbuck @11:45 Meatloaf Games @ 12:30	26 Sanford @ 11:45 Ham & Scalloped Potatoes Fun with MHRD @ 12:30	27	28
29	30 La Salle @11:45 Meat Loaf Mystery Guest @ 12:30	31				

Please call Leanne at 204-736-2255 to sign up no later a couple days before each week's meals.
We will try to accommodate special dietary requests.
 Menu subject to change.

Please call ahead to confirm.
\$10 per person